

MENU



Paninis \$5.00

Grilled Cheese Sandwich with choice of meat

6" Sub Sandwich \$7.00

Choice of Bread, 2 Meats, Cheese, Veggies & Sauce

Wrap \$6.00

Choice of Meat, Cheese, Veggies & Sauce wrapped in a Flour Tortilla

Nacho Supreme \$10.00/\$5.00

Corn Tortilla Chips, Choice of : Dip, Meat, Veggies, Sauce, Refried Beans, Jalapeno and Sour Cream

Daily Special

Ask about our daily special

Garden Salad \$10

Lettuce, Tomato, Onion, Sweet Pepper, Carrots, Cucumber, Black Olives, Corn, Parmesan Cheese, Boiled Egg

Kids Meal \$5.00

Sandwich, fries, juice (small)



Breads: White, Whole Wheat, Italian

Cheese: Cheddar, Mozzarella, Happy Cow

Meats: Roast Beef, Roast Pork, Ham, Turkey Ham, Salami, Pastrami, Bacon, Chicken, Tuna, Soy

Veggies: Lettuce, Tomato, Red Onion, Onion, Sweet Pepper, Black Olives, Pickles, Mushrooms, Jalapeno, Cucumber, Cilantro, Celery, Carrot, Avocado (seasonal)

Sauces: Pico de Gallo, Habanero, Ranch, Honey Mustard, Mustard, BBQ, Ketchup, Mayo, Spicy Mango, Sour Cream, Italian Dressing

Dip: Nacho Cheese, Belizean Dip

Sides: Coconut Rice-\$3, Fries-\$3, Wing \$1, Corn Tortilla -\$2, Garlic Bread -\$2, Garden Salad -\$4-\$10, Veggie Sticks -\$2, Corn Tortilla Chips-\$3, Grill Chicken Breast -\$5, Grill Shrimp-\$8



BAY LOUNGE
615-1545



MENU

Breakfast (All Day)

BELMOPAN BREAKFAST \$6.00

Scramble Eggs, Refried Beans, Cheese, Johnny Cake

SLIM BREAKFAST \$7.00

Veggie Omelet, Whole Wheat Toast, Fruit Salad

WAKE & BAKE \$8.00

Choice of Eggs, Bacon, Cheese, Muffin

WAFFLE TOWER \$10.00

Waffle Sandwich with Bacon, Eggs, Cheese, whipped Cream and fruit

EARLY RISE \$8.00

Choice of Eggs, Waffle, Coffee

Sides: Fries-\$3

Bacon-\$3

Breakfast Links-\$3

Eggs-\$2

Cheese-\$1

Toast-\$1

Refried Beans-\$2

Muffin -\$3

Johnny Cake-\$1

Meat Pie -\$1.50

Fruit Salad -\$3, \$7



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Drink MENU

FROZEN DRINKS

Frappuccino \$6

(Coffee & Milk)

Snicker Licker \$8

(Snicker Bar, Vanilla Ice Cream & Milk)

Oreo Cookies Milkshake \$8

(Oreo Cookie, Vanilla Ice Cream & Milk)

Fruit Colada \$10

(Fruit of Choice, Coconut Cream & Milk)

Banana BAY \$8

(Banana, Oats, Raisin, Vanilla, Cinnamon, Nutmeg, & Milk)

Strawberry Smoothie \$8

(Fresh Strawberries, Yogurt & Milk)

Choco Loco \$8

(Dark Chocolate, Vanilla Ice Cream, & Milk)

Watermelon Twist \$5

(Watermelon & Lime)

Birthday Cake \$8

(Cake Mix, Vanilla Ice Cream, & Milk)

Chocolate Frost \$8

(Mint, Chocolate, Vanilla Ice Cream & Milk)

Caramel Apple \$8

(Caramel, Apple, Milk, Vanilla Ice Cream)



Ground
for every



HOT DRINKS

Coffee \$3

Cappuccino \$7

Espresso Shot \$5

Latte \$6

Tea \$3

Ice Coffee \$6



NATURAL JUICES \$3.00

Lemongrass Ice Tea

Lemongrass & Mint Ice Tea

Lemongrass & Ginger Ice Tea

Lime Juice

Orange Juice

Tamarind Juice

Sorrel/Lime/Ginger

Green Juice* \$4

Coconut Water



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BAY LOUNGE

The Belmopan Active Youths (BAY), is an organization focused on educating, engaging, and empowering youths .

It is proud to present to you its first social enterprise “BAY Lounge” which will provide employment and entrepreneurship opportunities for numerous youths, under the canopy of an enjoyable eating and socializing experience for Belmopan and its visitors!

Thank you for your support!



www.belmopanactiveyouths.org
belmopanactiveyouths@gmail.com
6151545



Catering Menu

PRICED BY THE DOZEN

CHICKEN WINGS \$15

SANDWICH \$20

JALAPENO POPPERS \$30

CEVICHE PLATTER \$50

VEGGIE PLATTER \$15

HORDERVES (HAM & CHEESE) \$24

HORDERVES (FRUIT) \$24

HORDERVES (VEGGIES) \$24

MINI MEATBALLS \$24

MINI SANDWICHES (CHICKEN, HAM/
CHEESE/BEEF) \$20

MINI BROWNIES \$20

PIG IN BLANKET \$9

FRESHLY MADE NATURAL JUICES (PRICED PER GALLON)

ORANGE \$25

LIME \$20

SORREL \$25

GREEN \$25

TAMARIND \$25

LEMON GRASS \$25

Uniform Servers \$10/hour

BAY & LOUNGE 615-1545